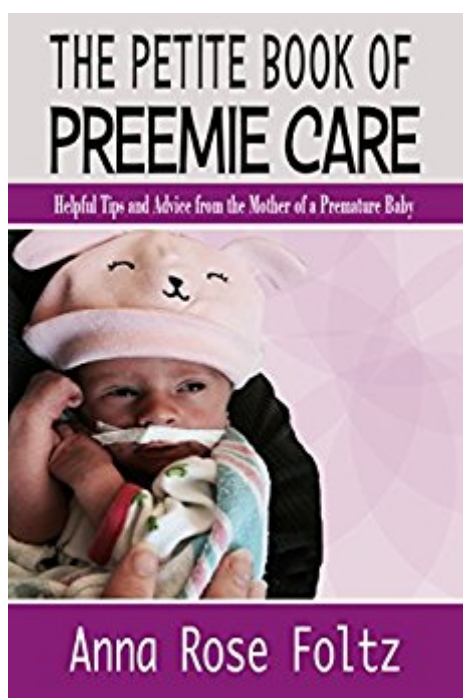


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# The Petite Book Of Preemie Care: Tips And Advice From The Mother Of A Premature Baby



## Synopsis

This book provides answers to many questions that may arise for parents and family members of a premature baby. When I was first researching some of the questions I had after my emergency c-section, I couldn't find a clear and concise guide to my questions, therefore making the situation harder to deal with. I was 24 years old when I had my first daughter at the gestational age of 33 weeks and 2 days. As a graduate student in English, I decided to research and provide the answers to many common questions and concerns about caring for preemies. The chapters are broken into main headlines for easy access to different general topics and questions that you may have. Each chapter includes its own question and answer section, as well as some of my personal experiences and tips at the beginning of each chapter. I hope that this book will be helpful for you in dealing with the uncertainty and anxiety that comes with the experience of caring for a premature baby. Although it can be a scary time, just know that you are not alone. Other parents have experienced the same things. Remember that in watching over our tiny babies and helping them grow and develop, the added care they need and that we provide makes the experience that much more rewarding and wonderful.

## Book Information

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## Customer Reviews

I cannot imagine how a Mom must feel on having her newborn taken from her and placed in the premature baby ward. The author of *The Petite Book of Premie Care* tells of her journey and knowledge gained as she waited to take her new child home. This short book offers the answers to the questions she asked but was too distracted to remember what was said. Of great value is the information offered to a new mother who is presented, suddenly, with this procedure. With a quick read of this book, Mom can keep her focus on her newborn without distraction.

If you are the new parent of a premature infant, Annamarie Foltz's book on preemie care is exactly what you need. She knows exactly what you're going through and she describes her fresh experiences with her own preemie and she provides a reassuring, knowledgeable voice for how to handle all the challenges you'll face. As the book title suggests, *The Petite Book* is not long and barely a tenth the length of Linden's *Preemies - Second Edition: The Essential Guide for Parents of Premature Babies*. Foltz's *Petite Book* isn't muddled down in extensive, clinical descriptions, but provides just enough specifics for you to ask the right questions of your pediatrician. Foltz obviously cares deeply about the subject and about helping others in her predicament make the right choices for their premature babies.

As a premature baby myself, Foltz's book provided me with much insight into why my parents must have felt. At once heart wrenching and endearing, Foltz manages to convey the worry and stress new parents of preemie's feel. As such, she is able to very authentically provide practical advice to parents wondering what they need to do next. If you are lost as to what to do to help your child, you need to read this book.

What a wonderful book! There are many longer and comprehensive books out there with all the information one would need to care for preemies such as the 657 page Linden's "Essential Guide," but *The Petite Book of Premie Care* provides easy tips for parents and caregivers of preemies in an easy to read format. What makes this book especially useful is that 1) it is affordable for anyone as a self-published Kindle eBook and 2) the

book proceeds chronologically from the birth experience through the early and more challenging months of life. This is the period that is the most difficult, and Anna Rose Foltz's beautiful writing style in a short handy book makes it accessible, engaging, and interesting. It is almost as if I were sitting down with her over a cup of tea as she shared her wisdom and experiences with me.

• "From Hospital to Home" through  
• "Feeding Your Baby,"  
• "Sleep Time,"  
• and "Stages of Development,"  
• this book is a quick and enjoyable read that you will learn from and enjoy—especially all the wonderful stories about Foltz's own daughter. A graduate student in English, you will love her engaging writing style. A definite must read!

### 10 Strategies for Your Success in College

A must-read for anyone caring for a preemie  
Anne Marie Franklin's *The Petite Book of Premie Care* is a comprehensive guide to caring for a premature baby. Franklin integrates personal experience and extensive research to offer concrete, practical advice to parents of preemies. Every question a parent could possibly have is answered in this short, concise, informative book. Very helpful and worth a read.

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